Happy Energy

OWNER OCCUPIER



HAZARDS IN THE HOME

A Simple Guide to Spotting Hazards in your Home

A Safer, Healthier Home

At **Happy Energy & The HEAT Project**, we believe everyone deserves a safe, warm, and healthy home.

This guide helps you spot small issues before they become big problems — so you can protect your home, your health, and your peace of mind.

You don't need to be an expert. Just a few regular checks can make a big difference.

DAMP, MOULD & COLD

Damp and mould can affect your health and comfort, but early action can prevent bigger issues.

Below are some simple actions you can take at home to reduce damp and mould. For further tips on preventing and treating damp, please refer to our Happy Energy **Damp & Mould Guide**.



Open windows regularly to let fresh air in



Use extractor fans when cooking or bathing



Keep doors closed while cooking or showering to trap steam



Avoid drying clothes indoors or on radiators



Wipe condensation from windows to reduce moisture



Make sure your heating system is working efficiently

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FIRE, GAS & CARBON MONOXIDE

Knowing what to look out for — and acting quickly if something isn't right — can help keep you and your household safe from fire, gas, and carbon monoxide risks.

Below are some simple actions you can take at home.



Test smoke and CO2 alarms monthly



Install any missing or broken alarms



Do not use portable gas or fuel-burning heaters inside your home



Keep escape routes, such as hallways and doorways, clear



In case of fire, get out, stay out, and call 999



Smell gas? Open windows, leave, and call 0800 111 999

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TRIPS, SLIPS & FALLS







Keep stairs, hallways, and walkways clear

Use non-slip mats in bathrooms

Repair broken steps, loose handrails, or flooring issues

KITCHENS & BATHROOMS







Use extractor fans or open a window when cooking or showering

Wipe down wet surfaces to reduce mould

Repair any leaks or faulty taps, drains, or appliances

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SECURITY & LIGHTING



Check that doors and windows lock properly



Keep communal areas tidy and well-lit



Repair broken lights or locks

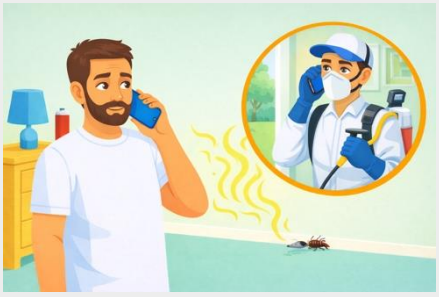
PESTS & WASTE



Store food in sealed containers and clean up spills promptly



Empty bins regularly and keep lids closed



If you notice signs of pests or unusual smells, arrange for a specialist to investigate and resolve the issue

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HOME SAFETY CHECKLIST

Use this checklist below to help you stay on top of everyday safety and maintenance in your home:

Task	How Often	Why It Matters
Test smoke/CO alarms	Monthly	Keeps you safe from fire & gas
Service boiler / gas appliances	Annually	Prevents leaks or breakdowns
Open windows & use extractor fans	Daily	Reduces damp & condensation
Inspect flooring & stairs	Seasonally	Prevents trips & falls
Check for mould or leaks	Regularly	Avoids long term damage
Maintain locks & lighting	Ongoing	Keeps home secure

Need Help?

If you're unsure what to do or need trusted help:

- **Use certified professionals** (Gas Safe, NICEIC, TrustMark)
- Check your local council's **home repair support schemes**
- **Look for trusted recommendations -** Friends, neighbours, or community groups can often suggest reliable local tradespeople.

In an Emergency

- **Smell gas?** Call 0800 111 999, open windows, and leave the building.
- **Fire or smoke**? Call 999 immediately.
- **Electrical shock or water leak near electrics?** Turn off power if safe, call a qualified electrician or plumber.
- **Structural damage or flooding?** Leave the area and contact emergency repair services.

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Happy Energy

HEAT Project

Working together for safer, healthier, happier homes